



MATRIX KALEIDOSCOPE



Musings

by the Principal

Dear Students, Parents, and Staff

MHS Junior proudly hosted its first MIT Model Exhibition for Primary School, marking a significant milestone in our commitment to holistic education. The event was a grand success, with 100% student participation, showcasing Howard Gardner's Multiple Intelligences Theory (MIT) engagingly and interactively.

Every child exhibited one of the nine intelligences, demonstrating their unique strengths through creative and hands-on activities. From storytelling and puzzles to musical performances and scientific explorations, the exhibition highlighted the diverse talents of our young learners. Parents and visitors were amazed by the confidence and enthusiasm displayed by the students.

This exhibition celebrated the introduction of MHS Junior and reinforced our belief in nurturing every child's potential beyond academics. It was a joyous and enriching experience, laying the foundation for innovative learning at our school.



Warm regards,
Ms. Rajeshree Shihag
Principal-Matrix High School



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Medley of Activities

Multiple Intelligence Theory Inaugural: A Resounding Success!

We are thrilled to announce the successful inaugural of the Multiple Intelligence Theory at Matrix High School. This innovative approach to learning will help our students discover their unique strengths and talents and develop a more holistic understanding of themselves and the world around them.

The Multiple Intelligence Theory, proposed by Howard Gardner, suggests that individuals possess multiple types of intelligence rather than a single, fixed intelligence quotient. Our school has embraced this theory, recognizing its potential to unlock the unique strengths and abilities of each child. According to Gardner, there are nine distinct intelligences, each representing a unique set of skills and abilities. Here are the nine intelligences:



1. Linguistic Intelligence: The ability to use language effectively, including reading, writing, and communication skills. Individuals with high linguistic intelligence are often skilled writers, speakers, and communicators.

2. Logical-Mathematical Intelligence: The ability to reason abstractly, think logically, and solve problems using numbers and patterns. Individuals with high logical-mathematical intelligence are often skilled mathematicians, scientists, and problem-solvers.

3. Spatial Intelligence: The ability to visualize and understand spatial relationships, including the ability to think in three dimensions. Individuals with high spatial intelligence are often skilled artists, architects, and designers.



4. Bodily-Kinaesthetic Intelligence: The ability to control body movements and manipulate objects using fine motor skills. Individuals with high bodily-kinaesthetic intelligence are often skilled athletes, dancers, and craftspeople.

5. Musical Intelligence: The ability to perceive, create, and appreciate music. Individuals with high musical intelligence are often skilled musicians, composers, and music critics.

6. Interpersonal Intelligence: The ability to understand and interact with others, including the ability to

communicate effectively and empathize with others. Individuals with high interpersonal intelligence are often skilled leaders, teachers, and counselors.

7. Intrapersonal Intelligence: The ability to understand oneself, including one's thoughts, feelings, and motivations. Individuals with high intrapersonal intelligence are often skilled at self-reflection, self-motivation, and self-directed learning.

8. Naturalistic Intelligence: The ability to understand and appreciate the natural world, including plants, animals, and ecosystems. Individuals with high naturalistic intelligence are often skilled biologists, botanists, zoologists, and conservationists.

9. Existential Intelligence: The ability to understand and contemplate abstract concepts, such as the meaning of life, the universe, and human existence. Individuals with high existential intelligence are often skilled philosophers, theologians, and thinkers.

Gardner's Multiple Intelligence Theory suggests that individuals may possess strengths in multiple intelligences and that these intelligences can be developed and nurtured through education, training,



and experience.

The inaugural event was a vibrant celebration of the diverse talents and skills of our primary school students. The students showcased their abilities in various areas, including music, art, drama, and sports. The event was a testament to the hard work and dedication of our students and teachers, who have worked tirelessly to develop and showcase their skills.

We were privileged to have our District Education Officer, Shree Sheeshram Kulhari, visit our school to inaugurate the Multiple Intelligence Theory. In his address, he emphasized the importance of recognizing and nurturing the diverse talents and abilities of students. He commended the efforts of our school in implementing this innovative approach to learning.

Our management team took the opportunity to appreciate the efforts of our students and teachers in making the inaugural event a success. They recognized the hard work and dedication that had gone into developing and showcasing the students' skills.

"We are proud of our students and teachers for their outstanding efforts in embracing the Multiple Intelligence Theory," said Miss Rajashree Sihag, our School Principal. "This approach to learning has the potential to unlock the unique strengths and abilities of each student, and we are committed to supporting it."



परीक्षा पर चर्चा-2025

विद्यार्थियों में परीक्षा के भय को दूर करने और उनमें परीक्षा के प्रति सकारात्मक दृष्टिकोण विकसित करने के लिए प्रधानमंत्री श्री नरेंद्र मोदी की महत्वाकांक्षी पहल 'परीक्षा पर चर्चा' का मैट्रिक्स हाई स्कूल में



10 फरवरी को आयोजन किया गया। बोर्ड परीक्षा में इस बार शामिल होने जा रहे विद्यालय के सभी विद्यार्थी सभागार में एकत्रित हुए। उन्हें सभागार की बड़ी स्क्रीन पर परीक्षा पर चर्चा कार्यक्रम का सीधा प्रसारण दिखाया गया। इस अवसर पर

विद्यार्थियों के मार्गदर्शन एवं उनकी शंकाओं के समाधान के लिए बोर्ड कक्षाओं में अध्यापन करने वाले विद्यालय के सभी शिक्षक भी उपस्थित थे। छात्रों को एकाग्रचित् होकर एवं सुनियोजित ढंग से परीक्षा की तैयारी करने एवं उन्हें बोझ न समझकर एक अवसर के रूप में ग्रहण करने का संदेश दिया गया जिससे कि वे अपनी क्षमताओं का भरपूर उपयोग कर पूरे आत्मविश्वास के साथ परीक्षा दे सकें। इस कार्यक्रम में बच्चों का मनोबल बढ़ाने व उन पर से अनावश्यक दबाव हटाने में अभिभावकों की भूमिका पर भी प्रकाश डाला गया।

Career Guidance Seminar Held at Matrix High School

Matrix High School, located on Gokulpura Bikaner Bypass in Sikar, recently organized a motivational career guidance seminar for students in the Commerce stream. The seminar focused on the various career opportunities available in Commerce, beyond the traditional path of Chartered Accountancy (CA).



Students from the 10th grade were introduced to alternative options such as CFA (Chartered Financial Analyst), CFP (Certified Financial Planner), and FRM (Financial Risk Manager). Additionally, they were encouraged to broaden their horizons and explore the possibility of starting their own startups, with a particular emphasis on leveraging Artificial Intelligence (AI) to achieve greater success.

The seminar featured Mr. Sushant Bindal, founder of the 'Wealth Setu' app and owner of the Mumbai-based business 'Money Monitor', as the keynote speaker. His insights and experiences provided valuable guidance to the students.

Educational Excursion to Harsh Parvat

Our senior students embarked on an enlightening educational visit to the historic Harsh Parvat. The trip, designed to complement their studies in history and environmental science proved to be a memorable and enriching experience.



Students explored the ancient Harshnath Temple, gaining first hand insight into the region's rich cultural heritage and architectural marvels. The history of the temple, its intricate carvings, and its significance in the local folklore were explained by expert guides, bringing historical texts to life.

Furthermore, the students engaged in a nature walk, observing the unique flora and fauna of the Aravalli Range. The environmental science aspect of the trip allowed them to understand the importance of biodiversity and the delicate ecological balance of the region. Discussions on conservation and sustainable practices were also held, fostering a sense of environmental responsibility.



The visit was not only educational but also provided a valuable opportunity for students to bond and create lasting memories.

We believe such experiential learning opportunities are crucial for holistic development and look forward to organizing more such visits in the future.

A Fond Farewell to our Shining Stars: Class 12 Bids Adieu

With hearts brimming with both pride and a touch of melancholy, Matrix High School bid farewell to Class 12 students on 8th Feb 2025. The farewell events, a beautiful tapestry of memories and well-wishes, were a testament to the strong bonds forged within our school walls.



The festivities commenced with a poignant assembly, where juniors shared heartfelt speeches and presented touching mementos, reflecting on the seniors' invaluable contributions to the school community. This was followed by a vibrant cultural program, showcasing the diverse talents of our students through mesmerizing dances, soulful songs, and captivating skits. Laughter and tears mingled as cherished memories were relived through a moving photo slideshow, capturing the journey of our graduating class.

The highlight of the evening was the formal farewell dinner, where students and teachers shared a final meal together, reminiscing about their shared experiences and offering words of encouragement for the future. The emotional atmosphere was palpable as our Principal Rajshree Ma'am delivered an inspiring address, urging the students to pursue their dreams with passion and integrity.



As our Class 12 students embark on their new adventures, we wish them the very best in all their future endeavors. They will forever hold a special place in the heart of Matrix High School. We are confident they will shine brightly and make us proud.

An enriching four-day educational tour to Jaisalmer beyond textbooks for classes 6 to 8.

A journey to remember.

MHS organized, as part of their academic curriculum, the excursion aimed to provide experiential learning beyond classroom walls. An unforgettable journey as our students embarked on a four-day educational tour, blending history, culture, and adventure into a mesmerizing experience. Students soaked in the scenic landscapes en route to Jaisalmer.



The days unfolded with a visit to the Sum Village, Ramdevra Temple, Jaisalmer Fort, Patwon Ki Haveli, Gadisar Lake, Badha Bagh, Tanot Mata Mandir, and Longewala Post, where they experienced a thrilling camel safari along with a dining experience truly magical. This debriefing session allowed students to share their new-found knowledge and appreciation for Rajasthan's glorious past.



मनुष्य जीवन में सूर्यनमस्कार का महत्व

राजस्थान सरकार के तत्वाधान में मैट्रिक्स हाई स्कूल, सीकर के विद्यालय प्रांगण में सूर्यनमस्कार कार्यक्रम के दौरान सूर्यनमस्कार के 12 आसन पूर्ण करवाए गए तथा प्रत्येक आसन की जानकारी दी गई। इसके साथ ही विद्यालय के अध्यापकों ने भी छात्रों के साथ सूर्यनमस्कार कार्यक्रम में भाग लिया। इस कार्यक्रम में विद्यालय के लगभग 5000 विद्यार्थियों ने भाग लिया। सूर्यनमस्कार एक प्राचीन योग प्रथा है जो शारीरिक, मानसिक और आध्यात्मिक स्वास्थ्य के लिए अत्यंत लाभकारी है। इस कार्यक्रम का उद्देश्य विद्यार्थियों को सूर्यनमस्कार की महत्ता से अवगत कराना है।



यह केवल एक व्यायाम नहीं है, बल्कि यह एक जीवनशैली का हिस्सा है। विद्यार्थियों को इसे अपनी दिनचर्या में शामिल करने के लिए प्रेरित करना आवश्यक है ताकि वे शारीरिक और मानसिक स्वास्थ्य को बेहतर बना सकें। इस कार्यक्रम ने न केवल छात्रों को स्वस्थ जीवन जीने के लिए प्रेरित किया, बल्कि उन्हें एकजुट होकर सामूहिक गतिविधियों में भाग लेने का अवसर भी प्रदान किया।

स्वयं का आत्मविश्वास

कई बार जीवन में ऐसे क्षण आते हैं जब हमें लगता है कि हम आगे नहीं बढ़ पाएंगे। लेकिन याद रखिए, असली बाधा हमारे विचार होते हैं, न कि परिस्थितियाँ। आत्मविश्वास और संकल्प से असंभव को भी संभव बनाया जा सकता है।

- **यकीन करें:** आपके भीतर अद्भुत शक्ति छुपी है। जब आप खुद पर विश्वास करेंगे, तो राहें खुद बनती जाएंगी।
- **छोटे कदम उठाएँ:** बड़ी सफलता एक दिन में नहीं मिलती। हर छोटा प्रयास आपको मंज़िल के करीब लाता है।
- **नकारात्मक सोच छोड़ें:** "नहीं कर सकता" को "कर सकता हूँ" में बदलें। सोच की शक्ति से ही जीत या हार तय होती है।

Thought of the Day

Imbibe the quality of a flower and give fragrance even to destroyers and haters.

~Mp Kumawat



Athlete's Alley

Students Clinch Black Belt Titles in Karate Championship

Students of Matrix High School dominated the Rajasthan State Karate Championship 2025, held in Jaipur, securing multiple medals and three prestigious black belt titles. The event, which took place from February 7 to 9, saw them emerge victorious, claiming the top position.



Yuvraj Meena, Aryan, and Praveen Bhukar earned the coveted black belt titles. Meanwhile, Rahul, Yuvraj Meena, Navdeep Poonia, Arvind Khokhar, and Deepika secured gold medals. Iknur Singh and Naveen Yadav claimed silver, while Vasu, Sachin Mirotha, Stanzin Otsal, Naman, and Harshita clinched bronze medals.

Fun Filled Sports Day for Pre Primary Students and Parents

Our pre-primary school recently hosted a thrilling Sports Day event, bringing together students, parents, and teachers for a day of excitement and bonding. The event was designed to promote physical activity, teamwork, and sportsmanship among our young learners.

Parents were also encouraged to participate in the events, and many joined in with great enthusiasm. The highlight of the day was the parent-child relay, where parents and children teamed up to complete a series of tasks.



The day began with a series of fun-filled events, including the family relay race, pass the ball, tug of war, sip the colour, toe on toe, and burst the balloon, etc. The students participated enthusiastically, showcasing their energy and agility.

The event concluded with a prize distribution ceremony, where medals and certificates were awarded to the winners. It was a wonderful day of fun and fitness, and we look forward to hosting more such events in the future.

Milestones & Moments

Matrix High's Young Artists Achieve National Recognition

Matrix High School, Sikar, is proud to announce the outstanding achievements of its students in the National Handwriting and Colouring Contest 2024, organized by the Student Development Society. Our talented students have secured both the Kala Gaurav and Kala Bhushan awards.

Kala Gaurav Award 2024

Excellent Colouring

Cash Prize Rs. 1500/-
Navi Yadav
Class-6



Riya
Class-6



Riya
Class-7



Stanzin Kunsal
Class - 8



Kala Bhushan Award 2024

Excellent Handwriting



Gargi Danodia
Class-6



Drishti Shekhawat
Class-7



Mukesh
Class-8

The school management extends its heartiest congratulations to all the winners and wishes them a bright future. This success is a testament to the students' creativity and dedication to the arts.

Hard Work Pays Off: Matrix's Impressive JEE Results

JEE Main 2025 Session-1 Results

Matrix Academy, Sikar, is celebrating the outstanding performance of its students in the recent JEE examination. Several students have achieved top scores, placing them among the leading performers in Rajasthan. This remarkable achievement reflects the students' hard work, dedication, and the Matrix's commitment to providing quality education. The Matrix High School congratulates all successful students and wishes them a bright future in their engineering careers.

99.965 %ile Nishant	99.976 %ile With 12th Bhavya Modi	99.988 %ile With 12th Gaurav Pareek	99.974 %ile With 12th Rishabh Meel	99.972 %ile With 12th Sourabh Kumar	99.957 %ile With 12th Sumit Kumar
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6 students above 99.95%ile



15 students above 99.9%ile

30 students above 99.8%ile

102 students above 99.5%ile

231 students above 99%ile



Ink & Insights

The Path We Tread

Often, the normies decide with careless ease,
If swallowed by darkness, they seek silent release.
They believe it's wiser to vanish without sound,
But do you think it's so simple to escape what's profound?

How foolish they are, blind to its true worth—
As told in Hindu myths, upon this earth.
The chance to join the human race,
Is but once in 8.4 million births, a fleeting grace.

Let's hear the words of one deprived of life's chance,
Dear Death, perhaps you're not the only dance.
Shifting perspective might be the key,
Staying cheerful is often just a stroke of luck, you see.

He claims death is but a myth,
That fearsome, eternal slumber is nothing but a rift.
That leaves your loved ones to weep,
Your kin and friends, with whom bonds run deep.



Yet, if you decide to end it all,
Give me a chance to make an attempt, I'll stand tall.
Why choose death? What lies in that realm?
True heaven lies in the path of life you walk at the helm.

The meaning of life is all I yearn for,
Do it in a way that's clever, with wisdom galore.
The answer doesn't always lie in staying meek—
For strength is found in the voice you seek.

~Dhruv Sharma (12th CM)

The Faded Dawn

Sights are burning with a flame of sorrow,
Thousands of people but no one to follow.
Thousands of leaves but all are so brown,
Life goes on just on the feeling of borrow.
Why is she smiling, is she a clown;
Or is she a rover, again in that town?

Sights are dim 'cause no one repaired,
Dawn to dusk and darkness were compared.
Pours to stop roofs and droughts are on to go,
It is just ichor, don't be too scared.
The beauty of her, with their flowers and thorn,
The day spring brings the gloom to be born.

The glimpses of no more are the memories that last.
Now that the lustre is gone, the dawn has a past.
Yes, she is the moon, not with beauty but with scars,
The world is heaving, the earth doesn't waste.
Luminous is gone, I can see it way too far,
They have gone to places, but she knows where they are.

~Aditi Singh (10th Ce2)

Action Never Lies

Saw people confined enough to babble
about Dharma but,
Confined enough to talk about Karma.
Mankind is at liberty to recite Dharma but,
Is engaged to recite Karma,
Mouths can lie but actions don't.....
Karma means action with thoughts and,
Dharma means thoughts without action.
Karma says what goes around always
Comes around, so does Dharma.

~Avishka H.S. Dhaka (12th CM)



The Seed

In the heart of seed,
Buried deep so deep.
A tiny plant lay fast asleep,
"Wake up" said the sunshine,
"And creep to the light",
"Wake" said the voice
of the droplets bright.
The little plant heard and it rose to see,
What the wonderful,
Outside world might be.

~Aarohi Dubey (2nd- Sunflower)

Life of Hostel

Life of hostel in school is not that much cool,
People I find, people I talk, is same as sun and cork.
The people I met, sweet from outside but,
at the same time they are bitter from inside.
No changes in their nature from the start to the
end.

I feel lonely when I am with them and cry
whenever I am alone.
It's just a human nature which is not at all cool.
But there are some people with whom I feel free
because they care for me, but,
The time I get to spend with them is too short.
The way they make me smile, the way they make
me feel pride, they are the real sunshine of my life.
This year passed with fights and smiles and
It's the true story of my hostel life.

~Bhoomi Jangir (12th CM)



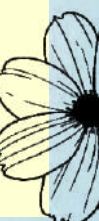
A tree which survived with help

Once there were a mango and a neem tree
in a dense forest. The neem tree was very
proud of itself. He didn't talk to his
neighbour, the mango tree. The queen bee
was looking for a dense tree to make a
canopy. She reached the neem and asked
"Brother neem, I can make a hive on your
branch." Neem got angry at her and said,
"No, go and make your hive somewhere
else." The mango tree said, "Neem Bhai,
let her make a hive on your branch; it will
be safe on your branch." The neem tree got
angry at him and said, "If you are facing so
much trouble, then get her canopy made
on your branch." The queen bee went to
the mango tree and said "Let me make my
hive on your branch." The mango tree
agreed to this. The queen bee made a hive
and started living happily.

After a few days, some people came there
and started talking among themselves.
One man's eye fell on the beehive and he
said, "If we cut the tree, the bees will not
leave us. So, we should cut the neem tree.
There is no danger to us from this, and we
will also get wood in abundance." The
neem tree got scared after hearing all the
things. The next day the people came and
started cutting the neem tree. Neem
started shouting loudly, "Save me, save me,
otherwise these people will cut me." Then
the bees attacked those people and drove
them away from there.

When the neem tree thanked the bees, the
bees said, "Don't thank us, give it to the
mango brother. If he had not asked us, we
would not have saved you."
The neem tree apologized to the mango
tree and the mango tree showed its
greatness and forgave him.
Moral – We should never boast.

~Yuvanshi (XIORE-I)



Sweet Companion

In search of a friend,
I found pages
The lies that people said
The promises they broke
It made me sick to the core.

I let my anguish, agony
Flow upon pages,
The bruises and scars
I have been carrying for ages.

You just call them paper,
Nah, they are the warmth of my heart,
Sunlight to my darkness and perplexity.

In aeons of people rhythmic with worldliness
I have been syncing with pages.

~Mahak (10th Cel)

आंतरिक संघर्ष

जब तक मैं इस अंधकार में खो न जाऊँ,
तब तक मुझे मेरी अधूरी नींद लेने दो।
यह रात बहुत लंबी है, सवेरे को थोड़ी देर से आने दो।
मैं डरती हूँ कि कहीं यह सपना, वास्तविकता न बन जाए।
थोड़ी देर और मुझे इस छल को जीने दो,
बस थोड़ी देर और, फिर मैं सो जाऊँगी।
उठकर, आँखें खोलकर,
इस रोशन जगत में भी, मैं अपने मित्र अंधकार को पाऊँगी।
संगियों का कहना है, "जागो, प्रकाश दूँदों,"
पर क्या है यह प्रकाश?
कभी-कभी लगता है कि यह जीवन बस एक ढोंग है,
एक झूठा आडंबर है।
यह पीड़ा ही मेरी निचिती है,
जागने का साहस नहीं,
मेरी व्यथा सहन करने की क्षमता भी मुझमें नहीं।
जब तक मैं इस अंधकार में खो न जाऊँ,
मुझे सहने दो,
मुझे मेरी अधूरी नींद लेने दो।

~आराध्य शर्मा (12th CI)

Why to take stress ?

Why take stress, when you can grow,
Through every challenge, you will know,
That pressure's not a weight to bear,
But strength that builds with every care.
The grades may come, or they may go,
But growth is something we all show,
In every struggle, every test,
We rise above, we do our best.
The pressure's fierce, but don't give in,
It's part of life, where we begin,
To learn, to fight, to pave the way,
For brighter dawns, a brand new day.
So breathe, take pause, don't be afraid,
The storm will pass, and peace will fade,
For in the end, you'll see with pride,
It's not the stress, but strength inside.

~Vaibhav (12th CBSE)

Educator's Edge

My Wonderful Mom

My mom is kind, my mom is sweet,
With her, every day is such a treat.
She wakes me up with a loving smile,
And makes each day worthwhile.

She helps me with my schoolwork too,
In everything, she knows what to do.
She cooks delicious meals, you see,
For my siblings and also me.



My mom tells stories before I sleep,
In her love, my heart takes a leap.
She takes care of me when I'm ill,
Her love is a special skill.

In her arms, I feel so snug,
She gives the warmest, tightest hug.
My mom is awesome, that's true,
She loves me, and I love her too!

~Karni Kripal Sharma (Management)

A Bird Family

Happy sound of chirping starts by the
dawn,

There is a hole in the wall,
By the gallery of my home.

A small family lives with two newborn
chicks,

Mother stays to keep them warm and father
sits outside at night to guard and warn.

By daybreak, the bird couple flies
In the vast sky to get supplies.

Soon gloam time arrives,
Couple birds fetch food to stop the cries,
Gay is the time, So is the life of mine.

~Mp Kumawat (PGT English)



“The task of the modern educator
is not to cut down jungles,
but to irrigate deserts.”

~C.S. Lewis

Embrace the Power of Reading

Reading is a transformative habit that can unlock a world of knowledge, creativity, and success. If you haven't yet cultivated this habit, it's never too late to start! Begin with short, engaging stories or articles that pique your interest—even dedicating just 10 minutes a day can make a significant difference. Establish a consistent reading routine by setting aside a specific time each day, such as before bed or after school. Explore various genres, from fiction to biography, to discover the joy of reading.

At Matrix High School, we are committed to fostering a love of reading through engaging programs, storytelling sessions, and book clubs. Reading offers many benefits, including improved focus, memory, and critical thinking skills. It also expands your horizons by introducing you to new ideas and perspectives.

Let's embrace the power of books and make reading a daily habit. Start today and watch your mind soar!

~Rajeshree Shihag (Principal)





SHOULD MEN PLAY A LARGER ROLE IN CHILDCARE?

“Equal care is just as important as equal contribution to creation.”

A child is a mix of both a mother’s and a father’s genes. Yet, for a long time, women have taken on most of the childcare responsibilities due to traditional roles, leaving men behind in this vital area. Men are just as important in childcare, and the lack of their involvement has created a gap in the bond between fathers and their kids. This has led to women carrying most of the childcare load, reinforcing old stereotypes, limiting women’s personal growth, and creating a shortage of male role models. In the past, the role of fathers in childcare was not seen as crucial as it is today.

Fathers are the primary male figures in childcare. They must adapt and position themselves to understand their children’s emotions and behaviors. As men begin to connect with their emotions, they can build a deeper relationship with their children, similar to the bond mothers share. Traditionally, fatherhood was viewed as just providing financially, but times have changed. Many fathers want to take an active role in nurturing their children, but research shows that 98% of fathers have never taken paternity leave, often because they don’t realize how important it is for bonding. Financial concerns also play a role, as many workplaces don’t offer paternity leave, and some that do may cut wages during that time. This creates stress over finances, especially since many women still rely on their husbands’ incomes.



Another reason men are less involved in childcare is the stereotype that men are only meant to earn money, while women should take care of kids. This mindset discourages many men from stepping up. Society often sees childcare as a woman’s job. However, recent shifts in understanding feminism have encouraged men to challenge these stereotypes, leading to stronger father-child bonds and a healthier environment for children. This change also benefits women, giving them more time for personal growth and contributing to their economic independence. Single fathers often show a strong commitment to their children, proving that men can be just as nurturing as women.



When fathers are involved in childcare, children have another trusted person to share their thoughts and problems with. Studies show that kids with both parents present are happier, emotionally healthier, and develop a better understanding of gender equality. They learn valuable life skills from both parents.

Childcare happens not just at home but also in places like nurseries, playgroups, and schools. Unfortunately, during early childhood, children are mostly surrounded by female caregivers, which can limit their exposure to male role models. Research indicates that less than 3% of childcare professionals are men. More male presence in these roles could help kids of all genders build better relationships and understanding as they grow.

Getting men involved in children’s lives is essential, as shown by these points. However, there are still fewer men working in childcare, mainly due to low recruitment and a lack of interest. To encourage men to join this field, we need to create more job opportunities, raise awareness about gender roles in childcare, and ensure fair pay. This inclusive approach can create a nurturing environment for children. Mothers have traditionally guided children, learning through trial and error, and so should fathers be allowed to step up, make mistakes, and embrace the joys of fatherhood. No one has all the answers when it comes to caring for a child, but genuine effort matters most. Paternity and male role models are crucial, and they can excel in childcare too.

~Ms. Manvi Ashok Varma (PGT Geography)



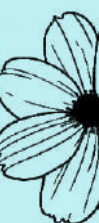
The Math of Life : Finding Balance

Life is like solving an equation where each day, each situation is a variable waiting to be balanced. Some days are just like an equation with a single variable where it’s just a matter of adding some patience and subtracting some worries. There are days when some situations can be as complicated as an equation with infinite variables, but remember, every variable has a value, and every equation has a solution.



It’s your approach to solving the equation that matters the most. Life is a journey filled with such situations and equations; you need to keep going, breaking down the problems into smaller steps and solving each one of them with patience. Keep going because every challenging situation you solve adds value to the equation of your life.

~Mr. Rajkumar (PGT Maths)



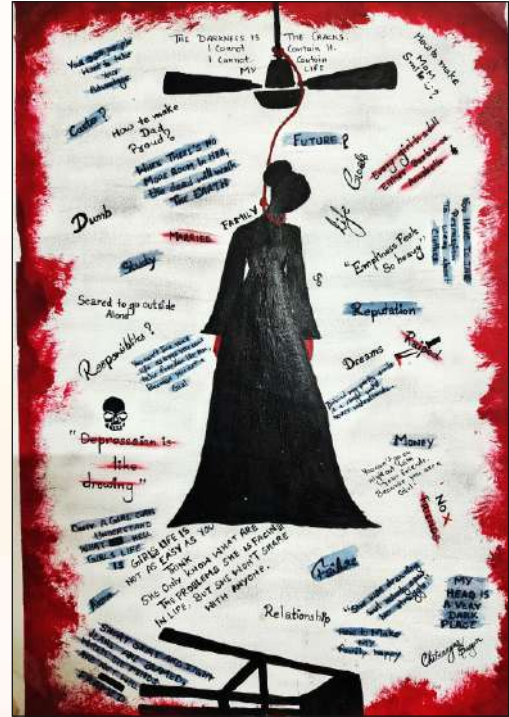
Creative Canvas



~Mahul (5th Daisy)



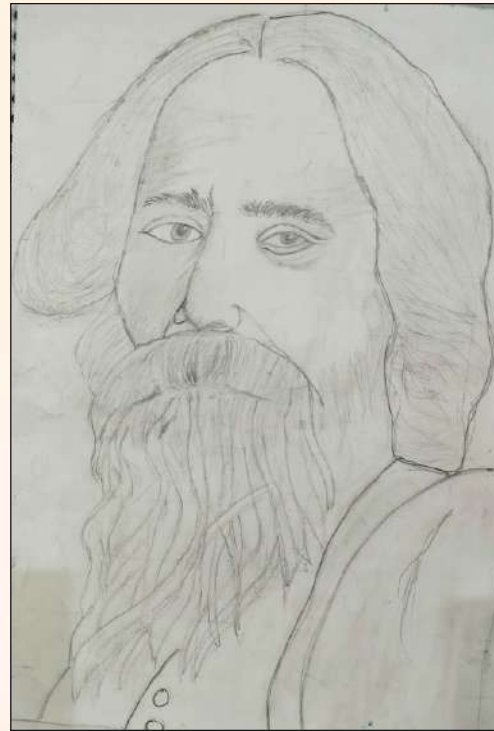
~Aarohi Dubey (2nd Sunflower)



~Yashwardhan Sagar (12th Arts)



~Yash Kok (4th Dahlia)



~Yash Kok (4th Dahlia)



~Vandana Soni (Art & Craft)



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